



Teen Mental Health First Aid (tMHFA) Instructor Job Description

Purpose: Teach tMHFA to fidelity, at designated schools in our 7-county service area, as assigned by tMHFA Coordinator.

Job Responsibilities: Train teens how to assess, respond, and bring in a trusted adult if a peer seems to be having a mental health or substance use challenge using the tMHFA national, evidence-based curriculum, approved for 10-12th graders. Facilitate, moderate and tailor discussions to participants. Bring awareness of resources to help.

Reports to: Executive Director with oversight by tMHFA Coordinator

Work Schedule: Varies, approximately 5-10 hours/week, according to school schedule and need. Hourly, non-exempt position, no benefits.

Qualifications:

1. Passion for 2B CONTINUED's mission and supportive of organization
2. Desire to work with teenagers and educators
3. Always maintain professionalism demonstrating skill, good judgement, and courteous behavior
4. Possess good character traits: dependable, honest, trustworthy, respectful, accountable, integrity
5. Positive attitude, sincere, empathetic, and compassionate towards others
6. Excellent customer service manner with solid oral and written communication skills
7. Public speaking ability using age appropriate, evidence-based safe messaging around the topics of suicide prevention and mental health & wellness
8. Ability to set up, operate and troubleshoot technology equipment ie: projector, laptop, Wi-Fi
9. Proficient with Microsoft Office 365: Teams, Powerpoint, Outlook, Word & Excel
10. Efficient, ability to multi-task and prioritize
11. Work independently

Other Requirements:

1. Must pass background check
2. Work flexible schedule as needed
3. Must have valid MN Driver's License
4. Must have reliable transportation and carry auto insurance
5. Take Youth Mental Health First Aid Training (YMHFA) (for adults who interact with youth)
6. Become a certified tMHFA instructor (3-day virtual training. Tuition fees paid by the organization)