



Serving Brown, Carver, McLeod, Meeker, Nicollet, Renville, Sibley, & Wright counties.



# **2B CONTINUED** provides the highest

#### Impact in 2022:

#### **Education**

317 ATTENDED OUR



145+ **Healthcare Professionals** 



**Social Services** 



20+ **Education** 





# PROFESSIONALS AND COMMUNITY MEMBERS PARTICIPATED IN OUR **EVIDENCE-BASED EDUCATIONAL OFFERINGS**

**1**270



Ridgewater College Nursing Students completed QPR training in October

- Changing the Narrative
- It's Real
- Mental Health First Aid
- More Than Sad
- QPR (Question, Persuade, Refer)
- safeTALK for Ag
- Youth Mental Health First Aid (for adults who work with youth)

Peace Officer Standards and Training (P.O.S.T.) certified

## level of engagement in the region!

## Teen Mental Health First Aid

Impact in 2022











- Eden Valley Watkins
- Sibley East
- Sleepy Eye Waconia













**Outreach** 

Impact in 2022

**YARD SIGNS AWARENESS** MONTH 300 **IN MAY** from





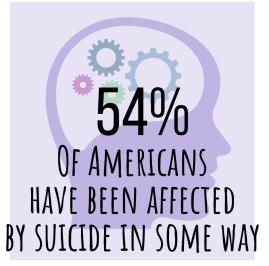
**PARTICIPATED** IN OUR **BIKE RUN** 

MONTHLY SUICIDE LOSS SUPPORT GROUP **MEETINGS** 





#### The Need:



The elderly population and farmers have one of the highest rates of suicide in the US.

739

MINNESOTANS TOOK THEIR OWN LIFE IN 2020

"...the pandemic fueled and worsened ongoing trends of our teens reporting long-term mental health problems"

~JAN MALCOM
MN COMMISSIONER OF HEALTH

1 IN 5
PEOPLE

REPORT PANDEMIC HAD SIGNIFICANT NEGATIVE IMPACT ON THEIR MENTAL HEALTH

More than 1/2 of all suicides in Minnesota occur in rural counties, even though densest population lives in 7-county metro area



130
DIE BY SUICIDE EVERY DAY IN THE US (THAT'S ABOUT 1 EVERY 11 MINUTES)

Statistics provided by 988lifeline.org, US Surgeon General, MN Deptartment of Health, CDC, American Foundation for Suicide Prevention, NAMI, and QPR Institute.

## 2B CONTINUED'S Response:

# EVIDENCE BASED TRAINING FOR COMMUNITY MEMBERS ACROSS THE LIFESPAN

"Thank you very much for coming into the classroom and working with our students. I had one girl already tell me she implemented the skills with a friend.."

~ TEACHER AT A PARTICIPATING TEEN MENTAL HEALTH FIRST AID SCHOOL

# ACTIVITIES AND OUTREACH THAT PROMOTE COMMUNITY ENGAGEMENT

"I have attended 2 of your conferences and have come away with so much valuable information and have been better able to come to grips with my own mental health and previous attempt to take my life. THANK YOU!"

~ CONTINUING ED CONFERENCE '22 ATTENDEE

#### PARTNERSHIPS WITH LOCAL SCHOOLS TO BRING EDUCATION TO STUDENTS

"I have been a nurse for over 30 years and this is the best conference I've participated in — I left with my CEU's but more importantly, everything I learned I can personally use in my day to day life with family and friends."

~ CONTINUING ED CONFERENCE '22 ATTENDEE

#### CONTINUING EDUCATION FOR PROFESSIONAL DEVELOPMENT

"Thank you for furthering my education on mental health. My siblings both have severe depression and I got to try to use my training the other night. I wouldn't have known what to do if you hadn't given me that knowledge. I am incredibly thankful for that."

~ TEEN MENTAL HEALTH FIRST AID STUDENT

SUICIDE LOSS BEREAVEMENT SUPPORT GROUP AND RESOURCES

**2B** CONTINUED



988 LIFELINE

## Premier Sponsorship: an annual

PREMIER LEVEL SPONSORS RECEIVE RECOGNITION AND VISIBILITY AT OUR 3 MAJOR EVENTS:

- **1** DANCING LIKE THE STARS SHOW
- **2** TEEN MENTAL HEALTH FIRST AID
- 3 ANNUAL CONTINUING ED CONFERENCE

"At Glencoe Regional Health, our mission is to improve every life by offering high-quality, safe, and accessible healthcare. Caring for the health and wellness of the communities we serve is our driving force, which is why we're so proud to be a Premier Sponsor of 2B CONTINUED. We know the need for Mental Health resources continues to grow, and we believe that 2B CONTINUED is creating a real impact in awareness and education. We look forward to positively impacting our communities through this important partnership."

~ PATTY HENDERSON, PRESIDENT AND CEO, GLENCOE REGIONAL HEALTH



LIVE PRODUCTION SHOW | 12 STAR COUPLES FROM OUR EIGHT COUNTY SERVICE AREA



## partner with year-round recognition



Partner with us as we offer Teen Mental Health First Aid (tMHFA) training to high school students of an entire grade level in class sizes typical of each school. tMHFA teaches teens in grades 10-12 how to identify, understand and respond to signs of mental health and substance use challenges in their friends and peers. The training gives teens the skills they need to have supportive conversations with their friends and emphasizes the importance of getting help from a responsible and trusted adult. The course is taught at school in the classroom by 2B CONTINUED certified tMHFA instructors.

Estimated 2023 project cost is over \$100,000 (\$2500 per 30 students). There is no cost to the school districts, removing any financial barrier to participate. We currently have nine schools participating. Further expansion into other districts is expected this fall, due to high demand.

# PARTICIPATING HIGH SCHOOLS









Central HS (NYA) Eden Valley-Watkins HS Glencoe Silver Lake HS



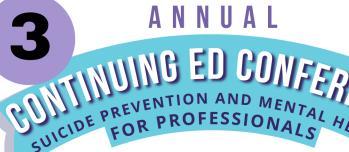
**Lester Prairie HS** 



Sibley East HS Sleepy Eye HS Waconia HS







Tuesday, September 26, 2023

**Target Audience:** healthcare providers, nurses, social workers, counselors, educators, clergy, and law enforcement officers.



# PREMIER SPONSORSHIP \$7,500-\$15,000 or more

#### **OPTION 1 ON FORM**

#### VIDEO PROMOTION OPPORTUNITY

- Submit a 1-minute promotional video for your organization
- Played during the DLTS pre-show and intermission

#### YOUR LOGO PROMINENTLY DISPLAYED ON:

- Webpage & event programs for:
  - **1** DLTS
- 2 tMHFA
- **3** Annual Continuing Ed Conference
- Our website at www.2BCONTINUED.org

#### RECOGNITION FROM THE PODIUM AT:

- 1 DLTS
- 2 tMHFA
- 3 Annual Continuing Ed Conference

#### PLUS:



- Quarterly recognition on our social media platforms (Facebook, Instagram, LinkedIn)
- Recognition in our annual Impact Report
- Complimentary resource table at our conference
- Provide your branded swag and printed materials for us to give to attendees at our conference and tMHFA trainings



### 2023 DANCE COUPLES

Chad & Kim Bergstrom HECTOR Josh & Leah Bernau NYA Jesus & Miriam Castillo GLENCOE Matt & Shauna Gruber GLENCOE

Ryan & Joann Dammann WACONIA

Kyle & Danielle Marti NEW ULM Bob & Rochelle Nielsen GREENISLE Anna Panning & Reece Chiriboga CHASKA

McKoy & Steph Rodning GAYLORD Joe & Beth Sawatzke WINSTED Paul & Heather Wright HUTCHINSON Clint & Brandy Zentner LITCHFIELD

...and an opening dance by a special group!

## 2023 DANCING LIKE THE STARS

WE RELY ON THE SUPPORT OF BUSINESSES, FOUNDATIONS, SERVICE ORGANIZATIONS, AND

#### **EVENT SPONSOR\***

#### **OPTION 2 ON FORM**

	PREMIER	DIAMOND	GOLD	SILVER	BRONZE
	\$7500+	\$3,000	\$1,500	\$750	\$375
Your submitted 1-minute video played during preshow & intermission	x				
Recognition on printed promotional event materials	X				
Recognition from podium during show	Х	Х			
Recognition on online event page	Large logo hyperlinked	Large logo hyperlinked	Medium logo hyperlinked	Small logo hyperlinked	Your name hyperlinked
Recognition on our social media platforms (Facebook & Instagram)	Tagged in two posts	Tagged in two posts	Tagged in one post	Tagged in one post	Tagged in one post
Recognition in preshow and intermission slideshow	Logo on full slide	Logo on full slide	Medium logo on shared slide	Name on shared slide	Name on shared slide
Recognition in event program	Full Page (5.5" x 8.5")	1/2 Page (5.5" x 4.25")	Listed with medium logo	Listed with small logo	Name listed

<sup>\*</sup>Event Sponsorship donations do not count towards any dance couple's pre-event fundraising campaign.





## SPONSORSHIP OPTIONS

INDIVIDUAL DONORS TO HELP MAKE PROGRAMMING AVAILABLE IN YOUR COMMUNITY.

#### COUPLE SPONSOR

#### OPTION 3 ON FORM

	PREMIER \$7500+	DIAMOND \$3,000	GOLD \$1,500	SILVER \$750	BRONZE \$375
Your submitted 1-minute video played during preshow & intermission	х				
Recognition on printed promotional event materials	x				
Recognition from podium during show	Х	Х			
Counts towards pre-event campaign votes for couple of your choice	\$1=1 vote	\$1=1 vote	\$1=1 vote	\$1=1 vote	\$1=1 vote
Recognition on dance couple's online campaign page	And online event page. Large logo hyperlinked to your website	Large logo hyperlinked to your website	_	Small logo hyperlinked to your website	Your name hyperlinked to your website
Recognition on our social media platforms (Facebook & Instagram)	Tagged in two posts	Tagged in two posts	Tagged in one post	Tagged in one post	Tagged in one post
Sponsor level recognition on dance couple's slide in pre-show and intermission slideshow	Logo on full slide	Logo on full slide	Medium logo on shared slide	Name on shared slide	Name on shared slide
Recognition in event program	Full page ad (5.5"x8.5") + Banner on dance couple's page	dance	Listed with medium logo on dance couple's page	dance	Name listed on dance couple's page



# THANK YOU TO OUR 2022 SPONSORS!

MAKING DIFFERENCE!

#### 2022 PREMIER SPONSORS





### 2022 DANCING LIKE THE STARS SPONSORS

#### PLATINUM, GOLD AND SILVER SPONSORS

AMERICAN LEGION POST 145, HOWARD LAKE CHILSON FUNERAL CHAPEL, WINSTED DAIRY FARMERS OF AMERICA, WINTHROP DIETZ BUILDERS INC, GAYLORD DOBRAVA BROTHERS PLUMBING & HEATING, GLENCOE FOREVER SMILES, PLLC, GLENCOE/ARLINGTON GLENCOE ROTARY/MARK LARSON **GLENCOE VFW POST 5102** GRAIN MILLERS. EDEN PRAIRIE **GREEN ISLE LIONS CLUB** HEIMEY'S PLACE, NEW GERMANY **HUBBARD RADIO MN KS95 HUTCHINSON VFW POST 906** LITCHFIELD VFW POST 2818 MICHAEL FOODS, GAYLORD MINNESOTA GUTTER, GAYLORD MITGI. HUTCHINSON NYA LIONS CLUB QUALITECH, CHASKA **RIDGEVIEW** SIBLEY ELECTRIC INC, GAYLORD SILVER LAKE LEGION POST 141

TWIN CITIES ORTHOPEDICS

#### BRONZE AND IN KIND SPONSORS

4 SQUARE BUILDERS, GLENCOE A-TOWN TAVERN/CHEF CRAIG'S, ARLINGTON AG PARTNERS-HAROLD MANTHEY, LESUEUR ALL MIGHTY MOVERS LLC, HUTCHINSON ALLOY INSURANCE AGENCY, GAYLORD AMERICAN LEGION POST 433, GAYLORD **B&R PLUMBING & HEATING, HUTCHINSON BROWNTON LIONS CLUB** BUMPS FAMILY RESTAURANT, GLENCOE CATHEDRAL CRAFTS CLAY COYOTE & AMERICAN LEGION POST 96, **HUTCHINSON** CORTRUST BANK, GLENCOE DREAM DAY DRESSING ROOMS, ANDOVER EDWARD JONES FINANCIAL ADVISORS, GLENCOE, NYA WEST CARVER LIONS **HUTCHINSON, WINSTED** FJ'S BAR & GRILL GAYLORD FASHION INTERIRORS, GLENCOE FLATWORKS CONCRETE, GLENCOF FIRST NATIONAL BANK, GAYLORD FIVE STAR FINANCIAL - MARK LINDER, **HUTCHINSON** FORESEE STUDIOS, NEW ULM GAYLORD FIRE DEPT RELIEF ASSN GAYLORD GAME PROTECTIVE LEAGUE GAYLORD SANITATION, INC GENESIS SALON AND ENSO SPA, HUTCHINSON GIBBON LUMBER & HARDWARE **GLENCOE CITY CENTER GLENCOE FLEET SUPPLY GLENCOE FLEET SUPPLY** GLENCOE REGIONAL HEALTH MEDICAL STAFF GUSTAFSON FAMILY & IMPLANT DENTISTRY,

**ARLINGTON** 

HOLT MOTORS, COKATO **HUTCHINSON ELKS LODGE #2427** INSURANCE BROKERS OF MN-ASHLEY MESSNER. **WACONIA** LAFAYETTE AREA LIONS LANO EQUIPMENT OF NORWOOD, INC LESTER PRAIRIE LIONS CLUB LOCHER BROS, GREEN ISLE MELCHERT HUBERT SJODIN, PLLP, WACONIA MIDCOUNTRY BANK, WINTHROP BRANCH **NICHOLS FAMILY** NORWOOD DENTAL ASSOCIATES, P.A. NUVERA, NEW ULM OLD NATIONAL BANK, NYA THE PINSKE FDGE PLATO PREMIER STAFFING, INC, COLOGNE PROGROWTH BANK, GAYLORD RICKERT EXCAVATING, GLENCOE SEW QUILTY, GLENCOE SPORTHORSE VETERINARY SOLUTIONS (JAIME HORNER, DVM) STATE FARM INSURANCE AGENCY - STEVE KROPP, **HUTCHINSON** TIM PURCELL PLUMBING & HEATING, WINSTED TOM ECKBERG TILING, GAYLORD UNITED FARMERS COOPERATIVE, WINTHROP WACONIA DANCE COMPANY WINTHROP FIREMENS RELIEF WINTHROP HONOR GUARD WM MUELLER & SONS, INC., HAMBURG YETZER HOME STORE, WACONIA

HAGGENMILLER LUMBER INC, ARLINGTON