Teen Mental Health First Aid (tMHFA) Instructor Job Description



Purpose: Teach tMHFA to fidelity, at designated schools within our 8-county service area*, as assigned by tMHFA Coordinator.

Job Responsibilities: Train teens how to assess, respond, and bring in a trusted adult if a peer seems to be having a mental health or substance use challenge using the tMHFA national, evidence-based curriculum, approved for 10-12th graders. Facilitate, moderate and tailor discussions to participants. Bring awareness of resources to help.

Reports to: Executive Director with oversight by tMHFA Coordinator

Work Schedule: Weekdays, daytime hours, varies by assigned high school's schedule, up to 20 hours per week intermittently during the school year. Potential for expanded hours.

Pay: \$20 per hour. Mileage reimbursement per organizational policy. Non-exempt, no benefits.

Qualifications:

- 1. Passion for 2B CONTINUED's mission and supportive of organization
- 2. Desire to work with teenagers and educators
- 3. Always maintain professionalism demonstrating skill, good judgement, and courteous behavior
- 4. Possess good character traits: dependable, honest, trustworthy, respectful, accountable, integrity
- 5. Positive attitude, sincere, empathetic, and compassionate towards others
- 6. Excellent customer service manner with solid oral and written communication skills
- 7. Public speaking ability using age appropriate, evidence-based safe messaging around the topics of suicide prevention and mental health & wellness
- 8. Ability to set up, operate and troubleshoot technology equipment ie: projector, laptop, Wi-Fi
- 9. Proficient with Microsoft Office 365: Teams, Powerpoint, Outlook, Word & Excel
- 10. Efficient, ability to multi-task and prioritize
- 11. Work independently

Other Requirements:

- 1. Must pass background check
- 2. Work flexible schedule as needed
- 3. Must have valid MN Driver's License and be willing to travel 60+ miles to job site
- 4. Must have reliable transportation and carry auto insurance
- 5. Take Youth Mental Health First Aid Training (YMHFA) (for adults who interact with youth)
- 6. Become a certified tMHFA instructor (3-day virtual training. Tuition fees paid by the organization)

*Service area: Brown, Carver, McLeod, Meeker, Nicollet, Renville, Sibley & Wright Counties



