

# Minnesota's State Suicide Prevention Plan

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1

## Where did the plan come from?

The Minnesota Department of Health (MDH) Staff, along with the Minnesota State Suicide Prevention Task Force:

- Reviewed epidemiological data
- Engaged community members through surveys, focus groups and listening sessions
- Reviewed best practices and key themes from community engagement
- Finalized goals, objectives, and strategies and embedded equity throughout
- In the works: Evaluation Plan

**Development Timeline for the 2023-2027 Minnesota State Suicide Prevention Plan**

The Minnesota State Suicide Prevention plan will be used to determine priorities for evidence-based funding, training opportunities, and other strategies to support suicide prevention across the state. Learn more about the current state plan.

2

## State Plan Goals

- Goal 1: Increase individuals', organizations', and communities' capacity to develop and implement a comprehensive public health approach to prevent suicide.
- Goal 2: Promote factors that offer protection for suicidal experiences across the individual, relationship, community, and societal levels.
- Goal 3: Identify and support individuals who are experiencing mental health challenges or who are having suicidal experiences.
- Goal 4: Strengthen access and delivery of care for mental health and suicide.
- Goal 5: Connect, heal, and restore hope to those impacted by suicide.
- Goal 6: Improve the timeliness and usefulness of data.

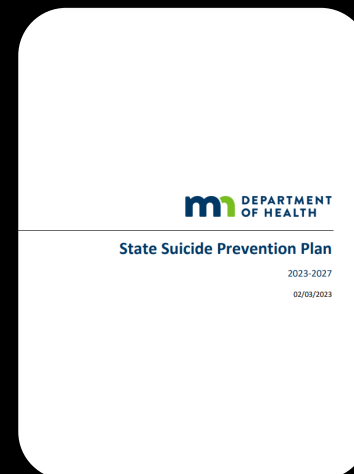


3

## How does this relate to me, and what is my role?

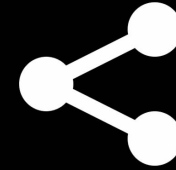
<https://www.health.state.mn.us/communities/suicide/mnresponse/stateplan.html>

[PLAN PDF](#) (pgs. 32-45 & 64-83)



4

## What can you do?



- Read through and familiarize yourself with the plan
- Bring back some specific objectives to your organization
- Bookmark the website/plan for easy reference
- Reach out and tell us what you are working on, or request resources!

5

**Share with your neighbor or  
as a table:**

**What is your specific next  
step related to the State's  
Suicide Prevention Plan?**



6

**Thank you!**

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