



**3/13/24 For immediate release**

2B CONTINUED presents '24 DANCING LIKE THE STARS SHOW - A LIVE PRODUCTION  
FEATURING LOCAL STAR COUPLES AND CELEBRITY JUDGES!

2B CONTINUED proudly presents its 4<sup>th</sup> annual gala to benefit suicide prevention and mental health awareness. We invite you to join us for this live production on Saturday, April 13, 2024, preshow beginning at 5:30 and 6:30 pm SHOWTIME at the Glencoe City Center.

The event will feature 12-selected STAR couples from Brown, Carver, McLeod, Nicollet, Renville, Sibley, and Wright counties. They are working with a professional choreographer to learn a dance routine to participate in the friendly dance competition which raises money for our organization and awareness of our mission.

We would like to thank this year's participants and partners:

Dancers: Scott & Patti Bates, Green Isle; Chad & Kelli Burau, Howard Lake; Keith & Angela Christen, Lester Prairie; Steve & Kate Curtis, Chaska; Troy & Kelly Higgins, Glencoe; Cullen & Mandy Kennedy, St. Peter; Tyler & Heather Kratzke, Gaylord; Adam & Krystal Kube, Mayer; Mike & Shannon Lien, Hutchinson; Ryan & Shannon MulQueeney, Hutchinson; Zach & Amber Pierce, Hector; and Dan & Marja Sowers, New Ulm.

Opening noncompetitive dance performance by a group of staff from Glencoe Regional Health: Cerise Anderson, Kristine Callahan, Mia LaPlante, Kelly Mickolich, Sofia Noling, Brooklyn Oelfke, Rope Ruschmeyer, Amanda Scott, Morgan Stoeckman, and April Trebelhorn.

Choreographers: Kelly Bestul, Hutchinson; Laura Falk, Waconia; Melissa Lolley, Litchfield; Nancy Marcks, Hutchinson; Lindsey Northenscald, Mankato; Jenny Pantano, Chaska; Danny Ross, Arlington; and Missy Visser, New Ulm.

Rehearsal space courtesy of Arlington Haus; Chaska Dance Center; Kelly's Dance Academy, Hutchinson; New Discoveries Academy, Hutchinson, New Ulm WELLness Collective; The Dance Bunker, Cokato; Waconia Dance Company

Sponsors: 150+ businesses, civic organizations and individual donors in the local and regional area including 2024 premier sponsors, 3M- Hutchinson Plant, Glencoe Regional Health, Hutchinson Health and Olivia Hospital & Clinic Foundation.

Judges: Kristi Charles, MDVA Veteran Suicide Prevention Coordinator; Robert Foster, Professional Ballroom Judge; Kristin Haubrich, reporter for Twin Cities Live; and Mike Phelps, President & CEO of Ridgeview.

You can become a Sponsor or "Vote" for your favorite couple to support their pre-event fundraising campaign at: [www.2BCONTINUED.org/DLTS2024](http://www.2BCONTINUED.org/DLTS2024)

The Show is SOLDOUT but there are still 2 options to see the Show:

1. Register for a free livestream ticket to stream at home.
2. Attend a Watch Party.

Official Watch Party List: **Art's Place, Hutchinson** (Troy & Kelly Higgins); **Christ Lutheran Church, Glencoe** (Troy & Kelly Higgins and Ryan & Shannon MulQueeny); **First Lutheran Church, Hector** (Zach & Amber Pierce); **Gaylord American Legion Post 433** (Tyler & Heather Kratzke); **Glencoe VFW Post 5102** (no specific couple); **Grey Fox, Green Isle** (Scott & Patti Bates); **Heldt's Bar, Mayer** (Adam & Krystal Kube); **Howard Lake American Legion Post 145** (Chad & Kelli Burau); **Hutchinson Elks Lodge** (Mike & Shannon Lien); **Krauser's Dodge House, Lester Prairie** (Keith & Angela Christen); **Northside Grill, Norwood Young America** (no specific couple); **Schell's Brewery, New Ulm** (Dan & Marja Sowers); **The Other Place, Hector** (Zach & Amber Pierce).

Teuby Continued, dba 2B CONTINUED, local 501c3 nonprofit organization, strives to increase awareness of suicide prevention, mental health, and wellness through advocacy, education, and outreach. Its primary service area includes the counties of Brown, Carver, McLeod, Meeker, Nicollet, Renville, Sibley, and Wright.

The money raised is used for education, outreach, and events in local communities to help carry out the mission. In 2023, more than 22,000 people were impacted by 2B CONTINUED's programming. Some were reached through the educational offerings of Question, Persuade, Refer (QPR, the mental health version of CPR), SafeTALK for Ag trainings, Mental Health First Aid courses, or at our Continuing Education Conference for Professionals. Others were reached through our community outreach activities like yard signs with encouraging messages, community celebration parades, county fair booths and a Suicide Loss Support group. Regardless of the platform, our messages of "You are not alone", "You matter", "Mental Health IS Health", "There is Hope" and "Together we can make a difference" are touching lives and helping to provide connections and resources for mental health and wellness where they are most needed.

The Dancing Like The Stars Show is the primary funding source for the teen Mental Health First Aid program. 2B CONTINUED certified instructors are teaching the Teen Mental Health First Aid (tMHFA) curriculum to 60 class sections of high schoolers in 16 area school districts: Buffalo Lake-Hector-Stewart, BOLD, Central (NYA), Eden Valley Watkins, Glencoe – Silver Lake, Hutchinson, Howard Lake-Waverly-Winsted, Lester Prairie, Mayer Lutheran, New Ulm Cathedral, St. Peter, Sibley East, Sleepy Eye, Springfield, Waconia, and Watertown-Mayer. Each school has between 2-10 class sections. The program costs about \$2,500/section of 30 students, making 2B CONTINUED's tMHFA school program budget at \$150,000. The program is offered without charge to schools, removing any financial barrier to participation. The response from schools and participants to this training has been overwhelmingly positive. We currently have a waiting list of schools wanting this evidence-based training program.

2B CONTINUED, the dancers and choreographers work extremely hard to put on an engaging and memorable show while raising funds needed to provide these important education and community outreach activities. DLTS is an exceptional production that supports a local organization doing critical work in local communities.

Couples are strategically selected by 2B CONTINUED's Executive Director, Tammy Diehn, with the assistance of the Board of Directors. They seek couples who support its mission and are willing to represent the organization; are from a variety of communities, age groups, occupations, employers, social circles, interests, and backgrounds; with little to no dancing experience; at least 21 years old; and are not first degree relatives of a board member, employee, or spouse/SO.

For information, visit [www.2BCONTINUED.org](http://www.2BCONTINUED.org) or contact 2B CONTINUED at [info@2bcontinued.org](mailto:info@2bcontinued.org) or (320) 854-HOPE (4673).

Please note: 2B CONTINUED does not offer any professional services. **If you or someone you know is in crisis, call, text, or chat 988.**